

Food Resources

Larimer County Food Bank

(970) 493-4477



The Food Bank works with local stores and farmers to distribute food to people in need of assistance. To learn about qualifications, call them or visit <https://foodbanklarimer.org/do-i-qualify/>.



The Salvation Army

(970) 207-4472

The Salvation Army offers services such as food pantries and communal dining. Contact them to learn more.

Transportation Resource



(970) 223-8604

SAINT is a non-profit that provides free disabled & senior transportation services in Fort Collins.

If you are interested in additional resources please call our office and we would be happy to assist you.

Contact Us

1217 E. Elizabeth St. # 11

Fort Collins, CO 80524

Hours M-F 8:00 AM-3:00 PM

Phone: (970) 484-6325

Fax: (970) 224-2635

Email: info@fcmow.org



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

In partnership with

uhealth



MEALS on WHEELS

FORT COLLINS

TOGETHER, WE CAN DELIVER.

**Meals on
Wheels
For Fort
Collins
Resource
Guide**

Home Services



Volunteers of America

(970) 472-9630

VOA provides simple safety repairs and minor home maintenance. Volunteers provide labor and clients are responsible for the cost of materials.

A Little Help

(970) 412-9396



A Little Help aids with yard work, snow removal, transportation, and minimal home repairs. Donations appreciated.



Adopt-A-Neighbor Program

(970) 224-6046

The Adopt-A-Neighbor program pairs neighbors in Fort Collins who need assistance with neighbors who want to help. Tasks include but are not limited to grocery shopping and delivery, snow shoveling, leaf removal and more. Tasks must occur outside the home.

General Resources



United Way: 2-1-1

Get Connected. Get Help.™

Dial: 2-1-1 or 866-760-6429

A hotline that will provide information and referrals to local health, human, and social service organizations.

Larimer County Office on Aging

(970) 498-7750



A county organization that provides information about senior focused resources for within the Larimer County Area.



Senior Access Point

SENIOR ACCESS POINTS
OF LARIMER COUNTY

(970) 207-4472

This Larimer County/CSU partnership provides information about a wide range of services specifically for seniors. It also helps you navigate resource websites.

Health Resources



Aspen Club

(970) 495-8560

Aspen Club provides a wide range of program benefits, including health education, screenings, and social opportunities for residents ages 50-plus.



Dementia Together

(970) 305-5271

Dementia Together provides education, support programs and enrichment opportunities for people living with dementia, and their care partners.

Counseling Resource

Aging Clinic of the Rockies at CSU



(970) 491-6795

Aging Clinic of the Rockies is a non-profit clinic that offers counseling and assessment services.