

FLIP THE PAGE FOR OUR NEWSLETTER!

OCTOBER 2026 VEGETARIAN MENU

The kitchen reserves the right to make any
LAST-MINUTE changes to the menu.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Notes:</i>			1 Cheese Enchiladas	2 Veggie Pizza
5 Asian Veggie Wrap	6 Stir Fry w/ Edamame	7 Sweet Potato Burrito Bowl	8 Veggie Curry	9 Pasta w/ Alfredo & Grilled Veggies
12 Hummus & Pita	13 Butternut Squash Ravioli	14 Veggie Stuffed Peppers	15 Rice & Beans	16 Black Bean Burger
19 Caprese Pasta Salad	20 Asian Veggie Wrap	21 Portobello Mushroom Sandwich	22 Tempe Stroganoff	23 Pasta w/ Alfredo & Broccoli
26 Hummus & Veggie Wrap	27 Mac & Cheese	28 Bean & Cheese Burrito	29 Veggie Stuffed Peppers	30 Hummus & Pita

Call us:
970-484-6325
E-mail us:
info@fcmow.org

Info Alert!
You are welcome to call in or email your cancellations or changes for the month anytime after receiving this menu.

**CUTOFF IS
12:00 PM
2 BUSINESS DAYS
PRIOR TO DELIVERY.**

You may leave a cooler out but please include a DATED note or call the office in ADVANCE to let us know you will not be home for delivery.