

JUNE 2023

VEGGIE Menu

We encourage you to call in or email your changes for the ENTIRE month at any time after receiving this menu. Let us know **ONLY** the dates of your cancellations.

IMPORTANT REMINDER:
Please remember to put out a cooler OR reusable bag if you think you won't be home for delivery. Our drivers are no longer carrying plastic bags.



MEALS on WHEELS

FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Veggie Stuffed Pepper	2 Hummus n' Pita
5 Baked Ziti	6 Sweet Potato Burrito Bowl	7 Garbanzo Bean Salad	8 Black Bean Burger	9 Stir Fry w/ Edamame
12 Mexican Zucchini Boat	13 Veggie Lasagna	14 Roasted Broccoli Alfredo	15 Veggie Rice Bowl	16 Veggie Stuffed Pepper
19 Black Bean Burger	20 Cheese Enchilada	21 Veggie Pizza	22 Mac n' Cheese	23 Butternut Squash Ravioli
26 Pasta Primavera	27 Asian Veggie Wrap	28 Bean & Cheese Burrito	29 Tofu Stroganoff	30 Pasta Alfredo w/Veggies

Cutoff for any meal changes is 1:00 PM 2 business days before delivery

Please Note: The kitchen reserves the right to make any last minute changes to the menu.