

August 2022

Options Menu

You are welcome to call in or email your choices for the ENTIRE month at any time after receiving this menu. Let us know the dates ONLY of your OPTION B choices and/or the dates of your cancellations & additions.



MEALS on WHEELS

FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Regular Menu Item	Margarita Chicken	Beef Brisket	Baked Ham	Beef Stew	Sweet n' Sour Chicken
Option B Item	Stuffed Cabbage	Chicken Parmesan	Tuna Noodle Casserole	BBQ Chicken	Mac n' Cheese
	8	9	10	11	12
Regular Menu Item	BBQ Pulled Pork	Baked Ham	Pot Roast	Honey-Soy Glazed Salmon	Chicken Pot Pie
Option B Item	Baked Chicken	Lasagna	Turkey a la King	Spaghetti	Stuffed Peppers
	15	16	17	18	19
Regular Menu Item	Chicken Fried Steak	Meatloaf	Sweet n' Sour Chicken	Shepherd's Pie	Breaded Cod
Option B Item	Baked Turkey	BBQ Roasted Salmon	Beef Brisket	Mac n' Cheese	Baked Chicken
	22	23	24	25	26
Regular Menu Item	Salisbury Steak	Lasagna	London Broil	Chicken Pot Pie	Lemon Pepper Tilapia
Option B Item	Pasta Primavera w/ Chicken	Garlic Rosemary Chicken	Breaded Cod	Beef Brisket	Hawaiian Chicken
	29	30	31	Please Note: The kitchen reserves the right to make any last minute changed to the menu options. NUTRITIONAL INFORMATION IS CURRENTLY BEING UPDATED & NOT AVAILABLE AT THIS TIME.	
Regular Menu Item	Stuffed Peppers	Baked Turkey	Chicken Fried Steak		
Option B Item	Italian Sausage Pasta	Chicken Marsala	Breaded Cod		

Please note the cut off for any meal changes is 1:00 PM the business day before delivery.