

# DECEMBER 2025

## OPTIONS MENU



**MEALS on WHEELS**  
FORT COLLINS  
TOGETHER, WE CAN DELIVER.  
1217 E. Elizabeth, Unit 11  
Fort Collins, CO 80524  
(970) 484-6325  
info@cmow.org

|                     | Monday                       | Tuesday                         | Wednesday                        | Thursday                            | Friday                              |
|---------------------|------------------------------|---------------------------------|----------------------------------|-------------------------------------|-------------------------------------|
| <b>Regular Meal</b> | <b>1</b> BBQ Pulled Pork     | <b>2</b> Meat Lasagna           | <b>3</b> Chicken Pot Pie         | <b>4</b> Honey-Soy Glazed Salmon    | <b>5</b> Pot Roast w/ Gravy         |
| <b>Option B</b>     | Baked Chicken                | Veggie Lasagna                  | Stuffed Peppers                  | Baked Turkey w/ Gravy               | Pasta Alfredo w/ Chicken & Broccoli |
| <b>Regular Meal</b> | <b>8</b> Chicken Fried Steak | <b>9</b> Shepherd's Pie         | <b>10</b> Baked Chicken w/ Gravy | <b>11</b> BBQ Roasted Salmon        | <b>12</b> Pepperoni Pizza           |
| <b>Option B</b>     | Baked Cod w/ Mango Glaze     | Mac & Cheese                    | Swedish Meatballs w/ Egg Noodles | Chicken Enchiladas                  | Veggie Pizza                        |
| <b>Regular Meal</b> | <b>15</b> Meat Lasagna       | <b>16</b> Sweet & Sour Chicken  | <b>17</b> Pot Roast w/ Gravy     | <b>18</b> Coconut Curry w/ Chicken  | <b>19</b> Lemon Pepper Tilapia      |
| <b>Option B</b>     | Garlic Rosemary Chicken      | Teriyaki Salmon                 | Chicken Marsala                  | Beef Brisket                        | Hawaiian Chicken                    |
| <b>Regular Meal</b> | <b>22</b> Sloppy Joe         | <b>23</b> Italian Sausage Pasta | <b>24</b> Chicken Cordon Bleu    | <b>25</b> <b>CLOSED FOR HOLIDAY</b> | <b>26</b> Hamburger                 |
| <b>Option B</b>     | Coconut Mango Tilapia        | Butternut Squash Ravioli        |                                  |                                     | Chicken Sandwich                    |
| <b>Regular Meal</b> | <b>29</b> Honey Mustard Pork | <b>30</b> Meat Lasagna          | <b>31</b> Beef Brisket           |                                     |                                     |
| <b>Option B</b>     | Honey Mustard Salmon         | Garlic Rosemary Chicken         | Turkey Tetrazzini                |                                     |                                     |

You are welcome to call in or email your cancellations or changes for the month anytime after receiving this menu.

*CUTOFF IS 12:00 PM  
2 BUSINESS DAYS  
PRIOR TO DELIVERY.*

You may leave a cooler out but please include a **DATED** note or call the office in **ADVANCE** to let us know you will be not be home for delivery.

*THE KITCHEN RESERVES  
THE RIGHT TO MAKE ANY  
LAST MINUTE CHANGES  
TO THE MENU.*