

# November 2024

## VEGGIE Menu



Please call in or email your cancellations or changes for the month, anytime after receiving this menu.

**Cutoff is 1:00 pm**  
**2 business days**  
**prior to delivery**



**MEALS on WHEELS**

**FORT COLLINS**

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmw.org

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pasta w/ Alfredo Sauce & Grilled Veggies
4 Rice n' Beans	5 Hummus Roasted Veggie Wrap	6 Portobello Mushroom Sandwich	7 Veggie Stuffed Pepper	8 Hummus n' Pita
11 Baked Ziti	12 Sweet Potato Burrito Bowl	13 Garbanzo Bean Salad	14 Black Bean Burger	15 Stir Fry w/ Edamame
18 Mexican Zucchini Boat	19 Veggie Lasagna	20 Roasted Broccoli Alfredo	21 Veggie Rice Bowl	22 Veggie Stuffed Pepper
25 Black Bean Burger	26 Cheese Enchilada	27 Portobello Mushroom Sandwich	28 HAPPY THANKSGIVING! NO DELIVERY TODAY	29 Butternut Squash Ravioli

***Please put out a cooler or reusable bag if you won't be home for delivery.***  
***Remember to leave a DATED note OR let us know in advance.***