

# November 2024 Options Menu



Please call in or email your cancellations or changes for the month, anytime after receiving this menu.

**Cutoff is 1:00 pm**  
**2 business days**  
**prior to delivery**



**MEALS on WHEELS**  
**FORT COLLINS**

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11  
Fort Collins, CO 80524  
(970) 484-6325  
info@fcmow.org

	Monday	Tuesday	Wednesday	Thursday	Friday
					<b>1</b>
<b>Regular Meal</b>					Lemon Pepper Tilapia
<b>Option B</b>					Hawaiian Chicken
	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>Regular Meal</b>	Stuffed Peppers	Baked Turkey	Coconut Tilapia	Pot Roast	Sloppy Joe
<b>Option B</b>	Italian Sausage Pasta	Chicken Marsala	Turkey Tetrazzini	Breaded Cod	Chicken Fried Steak
	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>Regular Meal</b>	Margarita Chicken	Beef Brisket	Chicken Fajitas	Beef Stew	Sweet n' Sour Chicken
<b>Option B</b>	Stuffed Cabbage	Chicken Parmesan	Chipotle Lime Tilapia	BBQ Chicken	Mac n' Cheese
	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>Regular Meal</b>	BBQ Pulled Pork	Lasagna	Spaghetti with Meat Sauce	Honey-Soy Glazed Salmon	Chicken Pot Pie
<b>Option B</b>	Baked Chicken	Baked Ham	Turkey ala King	Pot Roast	Stuffed Pepper
	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>Regular Meal</b>	Chicken Fried Steak	Meatloaf	Baked Turkey & gravy with green beans, potatoes, cranberry salad & pumpkin pie	<b>HAPPY THANKSGIVING! NO DELIVERY TODAY</b>	Breaded Cod
<b>Option B</b>	Beef Brisket	BBQ Roasted Salmon			Baked Chicken

***Please put out a cooler or reusable bag if you won't be home for delivery.***  
***Remember to leave a DATED note OR let us know in advance.***