

OCTOBER 2025

VEGGIE Menu



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org



Please call in or email
your cancellations or
changes for the month
anytime after receiving
this menu.

Cutoff is 12:00 pm (NOON)
2 business days prior to
delivery.



Monday	Tuesday	Wednesday	Thursday	Friday
<i>The kitchen reserves the right to make any last minute changes to the menu. You may leave a cooler out but please include a DATED note or call the office in ADVANCE to let us know you will be out for that day.</i>		1 Bean and Cheese Burrito	2 Veggie Stuffed Peppers	3 Hummus & Pitas
6 Manicotti	7 Sweet Potato Burrito Bowl	8 Asian Veggie Wrap	9 Black Bean Burger	10 Stir Fry w/ Edamame
13 Mexican Zucchini Boat	14 Veggie Lasagna	15 Veggie Stuffed Peppers	16 Portobello Mushroom Sandwich	17 Pasta Alfredo w/ Broccoli
20 Black Bean Burger	21 Mac & Cheese	22 Butternut Squash Ravioli	23 Cheese Enchiladas	24 Veggie Pizza
27 Asian Veggie Wrap	28 Stir Fry w/ Edamame	29 Sweet Potato Burrito Bowl	30 Veggie Curry	31 Pasta Alfredo w/ Grilled Veggies