

SEPTEMBER 2025

Options Menu



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org



Please call in or email your cancellations or changes for the month, anytime after receiving this menu.

Cutoff is 12:00 pm (NOON)

2 business days

prior to delivery.



	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Regular Meal	CLOSED FOR HOLIDAY NO DELIVERY TODAY	Shepherd's Pie	Baked Chicken w/ Gravy	BBQ Roasted Salmon	Pepperoni Pizza
Option B		Mac & Cheese	Swedish Meatballs in cream sauce w/ Egg Noodles	Chicken Enchiladas	Veggie Pizza
	8	9	10	11	12
Regular Meal	Meat Lasagna	Sweet & Sour Chicken	Pot Roast w/ Gravy	Coconut Curry w/ Chicken	Lemon Pepper Tilapia
Option B	Garlic Rosemary Chicken	Teriyaki Salmon	Chicken Marsala	Beef Brisket	Hawaiian Chicken
	15	16	17	18	19
Regular Meal	Sloppy Joe	Italian Sausage Pasta	Margarita Chicken	Chipotle Lime Tilapia	Hamburger
Option B	Coconut Mango Tilapia	Butternut Squash Ravioli	Stuffed Peppers	BBQ Chicken	Chicken Sandwich
	22	23	24	25	26
Regular Meal	Honey Mustard Pork Tenderloin	Meat Lasagna	Beef Brisket	Baked Cod w/ Mango Glaze	Pasta Alfredo w/ Chicken
Option B	Honey Mustard Salmon	Garlic Rosemary Chicken	Turkey Tetrazzini	Chicken Pot Pie	Swedish Meatballs in cream sauce w/ Egg Noodles
	29	30	<i>The kitchen reserves the right to make any last minute changes to the menu.</i> <i>You may leave a cooler out but please include a DATED note or call the office in ADVANCE to let us know you will be out for that day.</i>		
Regular Meal	Stuffed Peppers	Mac & Cheese			
Option B	Italian Sausage Pasta	Coconut Mango Tilapia			