

# September 2024

## VEGGIE Menu



**MEALS on WHEELS**

**FORT COLLINS**

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

[info@cmow.org](mailto:info@cmow.org)



Please call in or email your cancellations or changes for the month anytime after receiving this menu.

***Cutoff is 1:00 pm***

***2 business days prior to delivery.***



Monday	Tuesday	Wednesday	Thursday	Friday
No delivery today 2 <b>HAPPY LABOR DAY</b>	3 Sweet Potato Burrito Bowl	4 Garbanzo Bean Salad	5 Black Bean Burger	6 Stir Fry w/ Edamame
9 Mexican Zucchini Boat	10 Veggie Lasagna	11 Roasted Broccoli Alfredo	12 Veggie Rice Bowl	13 Vegetarian Stuffed Peppers
16 Black Bean Burger	17 Cheese Enchilada	18 Veggie Pizza	19 Mac N Cheese	20 Butternut Squash Ravioli
23 Pasta Primavera	24 Asian Veggie Wrap	25 Bean & Cheese Burrito	26 Tofu Stroganoff	27 Pasta Alfredo w/ Grilled Veggies
30 Rice N Beans	<p><b>Please put out a cooler or reusable bag if you won't be home for delivery. Remember to leave a DATED note OR let us know in advance. We're happy to provide you a cooler and ice packs if needed.</b></p>			