

October 2024 VEGGIE Menu



Please call in or email your cancellations or changes for the month, anytime after receiving this menu.

Cutoff is 1:00 pm
2 business days
prior to delivery



MEALS on WHEELS

FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmw.org

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Hummus Roasted Veggie Wrap	2 Portobello Mushroom Sandwich	3 Veggie Stuffed Pepper	4 Hummus n' Pita
7 Baked Ziti	8 Sweet Potato Burrito Bowl	9 Garbanzo Bean Salad	10 Black Bean Burger	11 Stir Fry w/ Edamame
14 Mexican Zucchini Boat	15 Veggie Lasagna	16 Roasted Broccoli Alfredo	17 Veggie Rice Bowl	18 Veggie Stuffed Pepper
21 Black Bean Burger	22 Cheese Enchilada	23 Veggie Pizza	24 Mac n' Cheese	25 Butternut Squash Ravioli
28 Pasta Primavera	29 Asian Veggie Wrap	30 Bean & Cheese Burrito	31 Tofu Stroganoff	

***Please put out a cooler or reusable bag if you won't be home for delivery.
Remember to leave a DATED note OR let us know in advance.***