

APRIL 2024

Options Menu

We encourage you to call in or email your changes for the ENTIRE month at any time after receiving this menu. Let us know **ONLY** the dates of your **OPTION B** choices and/or the dates of your cancellations.

IMPORTANT REMINDER:

Please remember to put out a cooler OR reusable bag if you think you won't be home for delivery. Our drivers are no longer carrying plastic bags.



MEALS on WHEELS

FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Regular Meal	Honey Mustard Glazed Pork	Meat Lasagna	Beef Fajitas	Chicken Pot Pie	Lemon Pepper Tilapia
Option B	Honey Mustard Glazed Salmon	Garlic Rosemary Chicken	Breaded Cod	Beef Brisket	Hawaiian Chicken
	8	9	10	11	12
Regular Meal	Stuffed Peppers	Baked Turkey with Turkey Gravy	Chicken Fried Steak with Gravy	Pot Roast with Brown Gravy	Sloppy Joe
Option B	Italian Sausage Pasta	Chicken Marsala	Turkey Tetrazzini	Breaded Cod	Coconut Tilapia
	15	16	17	18	19
Regular Meal	Margarita Chicken	Beef Brisket	Chicken Fajitas	Beef Stew	Sweet n' Sour Chicken
Option B	Stuffed Cabbage	Chicken Parmesan	Tuna Noodle Casserole	BBQ Chicken	Mac n' Cheese
	22	23	24	25	26
Regular Meal	BBQ Pulled Pork	Baked Ham with Pork Gravy	Pot Roast with Brown Gravy	Honey-Soy Glazed Salmon	Chicken Pot Pie
Option B	Baked Chicken	Meat Lasagna	Turkey ala King	Spaghetti with Meat Sauce	Stuffed Peppers
	29	30			
Regular Meal	Chicken Fried Steak with Gravy	Meatloaf			
Option B	Baked Turkey with Turkey Gravy	BBQ Roasted Salmon			

Cutoff for any meal changes is 1:00 PM 2 business days before delivery

Nutritional information is being updated and is not available at this time.