

January 2025

Options Menu



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org



Please call in or email your cancellations or changes for the month, anytime after receiving this menu.

Cutoff is 1:00 pm

2 business days

prior to delivery.



	Monday	Tuesday	Wednesday	Thursday	Friday
	<i>The kitchen reserves the right to make any last minute changes to the menu.</i>		1	2	3
Regular Meal	<i>You may leave a cooler out but please include a dated note or call the office to let us know.</i>		Happy New Year!	BBQ Roasted Salmon	Pepperoni Pizza
Option B			No delivery today	Chicken Enchilada	Veggie Pizza
	6	7	8	9	10
Regular Meal	Lasagna	Sweet n' Sour Chicken	Pot Roast w/ Brown Gravy	Coconut Curry w/ Chicken	Lemon Pepper Tilapia
Option B	Garlic Rosemary Chicken	Teriyaki Salmon	Chicken Marsala	Beef Brisket	Hawaiian Chicken
	13	14	15	16	17
Regular Meal	Sloppy Joe	Italian Sausage Pasta	Margarita Chicken	Chipotle Lime Tilapia	Hamburger
Option B	Coconut Tilapia	Butternut Squash Ravioli	Stuffed Peppers	BBQ Chicken Breast	Chicken Sandwich
	20	21	22	23	24
Regular Meal	Honey-Mustard Glazed Pork	Lasagna	Beef Brisket	Baked Cod w/ Mango Glaze	Pasta w/ Chicken & Alfredo sauce
Option B	Honey-Mustard Glazed Salmon	Garlic Rosemary Chicken	Turkey Tetrazzini	Chicken Pot Pie	Swedish Meatballs in cream sauce
	27	28	29	30	31
Regular Meal	Stuffed Peppers	Mac n' Cheese	Chicken Fajitas	Pot Roast w/ Brown Gravy	Sloppy Joe
Option B	Italian Sausage Pasta	Coconut Mango Tilapia	Beef Fajitas	Chicken Marsala	Breaded Cod